



Psychosynthesis South Pacific Trust

Certificate in Psychosynthesis Integration

Following on from the Essentials of Psychosynthesis, this program is designed to help participants review their own life journey through the lens of Psychosynthesis. Engagements in individual and collective processes allows each person their unique perspective and insights and provides the opportunity to explore how best this learning may be applied within the context of personal and group mind.

Course Duration

There are 9 monthly reflective weekends through the year, ending in a 5-day residential retreat.

Each weekend of this powerful year of personal development builds on the others to create a coherent body of experiential learnings, which can be integrated into daily life and relationships.

Integration is further enhanced through short, written assignments and mid-month tutorials may also be offered by negotiation with the facilitators.

Participants are also expected to work with a Psychosynthesis practitioner to deepen their awareness of their own psychodynamic processes and their understanding and confidence with the work.

Weekends

Venue: Family Action, 2/197 Universal Drive, Henderson, Auckland 0610

Friday 6pm - 9pm
Saturday 9am - 5pm
Sunday 9am - 5pm

(Exact times are subject to change by negotiation with the facilitators)

Retreat

Venue: Bella Rakha, 581 West Coast Road, Oratia
Wednesday 12 Nov 2025 - Sunday 16 Nov 2025

Course Content

- **The Making of Meaning** - reflections on life's patterns and cycles
- **Being and Becoming** - how personality and identity arise as a dynamic process of relationship with, and organisation of, internal and external information and frameworks
- **The art of Identifying and Dis-identifying** - non-attachment and freedom
- **Nature of Will** - the evolution, levels and aspects of Will; personal access to Will, which in turn allows for the recognition of and participation with Will as a transpersonal and universal phenomenon
- **Spontaneity and right relating** - developing spontaneity, aliveness and connection within and between individuals
- **Rhythms and crises of self-realisation** - 5-day residential retreat

DATES 2025

Enrolments close

31 Dec 2024

Weekends

21-23 Feb '25
21-23 Mar '25
25-27 Apr '25
23-25 May '25
13-15 Jun '25
18-20 Jul '25
15-17 Aug '25
12-14 Sep '25
10-12 Oct '25

Retreat

12-16 Nov '25

Facilitation

The Certificate of Psychosynthesis Integration will be led by two senior psychosynthesis facilitators, who may be joined by other experienced tutors and/or apprentice tutors.

Admission Criteria

Because of the experiential and deeply personal nature of this program, there is a process PSP Trust follows to ensure participants in this program are suited for it. This may include an interview (Phone or online) to help us determine suitability. Completing the application form and paying a deposit does not necessarily mean acceptance to the program. All applicants will be notified of the results of their application.

Also, The PSP Trust undertakes to keep all personal information in a secure and confidential way. Access is restricted to those who require it for the purposes of this program. eg. The PSP Administrator, Course Facilitators and the PSP Trustees.

- Sufficient self-capacity and maturity to manage the intensive nature of the course
- Ability to safely participate in individual projects and group activities
- Disclosure of current or recent mental health, physical or legal history that could possibly affect participation in the program
- Sufficient oral and written language skills to communicate effectively
- Completed the [online application form](#) and paid the required deposit by 31 December 2024

Course Fees

9 weekend class sessions \$5,300

5 day overnight retreat \$1,200

Total Fees \$6,500

COUNSELLING

In addition, students will be required to undertake 20 hours of personal counselling (at own cost) with a Psychosynthesis practitioner of their choosing. Sessions are to be spaced out over the year and completed by 31 December 2025.

TUTORIALS

If required, the facilitators may offer mid-month tutorials. Timing and cost are by negotiation with the facilitators.

DEPOSIT

To secure your place, please make a **\$1550 deposit** to:

Psychosynthesis South Pacific Trust – 38 9019 0487577 00

Reference: / IY-AKL-FEB25 Code: your surname

***** ENROLMENTS CLOSE – 31 December 2024 *****

PAYMENTS

The remaining course fees are payable in 9 equal monthly instalments of **\$550** due on the 20th of each month.

deposit	31 Dec 24	\$1550
1	20 Feb	\$550
2	20 Mar	\$550
3	20 Apr	\$550
4	20 May	\$550
5	20 Jun	\$550
6	20 Jul	\$550
7	20 Aug	\$550
8	20 Sep	\$550
9	20 Oct	\$550
TOTAL		\$6,500

CANCELLATIONS - If you should decide to cancel your enrolment, your deposit is refundable up until 31 Dec 2024, less admin fee \$50.

DISCLAIMER

- The 'Certificate in Psychosynthesis Integration' will proceed subject to receiving minimum enrolment numbers. Enrolled students will be advised by email when the course has reached minimum numbers (31 Dec 2024 or sooner). In the event of the course not proceeding enrolled students will receive a full refund of their deposit.



Please also visit our website psptrust.org.nz.

If you have further questions, contact the PSP Administrator at admin@psptrust.org.nz

Click [here](#) for the online enrolment application form.

The [PANZA](#) website has a directory of most Psychosynthesis practitioners in NZ which may be helpful in securing a therapist.

Psychosynthesis South Pacific Trust is an initiative formed to continue a professional programme of training for anyone interested in including the craft of Psychosynthesis as part of their personal or professional development, to meet the needs of a changing world and the call for transformation.



The Certificate in Psychosynthesis Integration is a personal development stage and makes up the first year of the proposed five-year Diploma in Psychosynthesis Psychotherapy. As of November 2018, PBANZ has accepted the Psychosynthesis South Pacific Trust's (PSP) proposal for a Diploma in Psychosynthesis Psychotherapy under their grand-parenting arrangement.

The Certificate in Psychosynthesis Integration can also be taken as a stand-alone, psychologically informed foundational course in Psychosynthesis for those who do not wish to pursue the full clinical training.