



The Essentials of Psychosynthesis

Psychosynthesis

striving towards integration, and synthesis in all fields, but particularly in those of self-realization, therapy, education, interpersonal and social relations ...

Roberto Assagioli, 1888-1975; developer of the psychosynthesis approach

To engage with life as a systemic process, receiving and responding to information, from ourselves, other people, our individual and shared situations; towards deeper understanding of our own place in history, ecology and society.

Some simple yet powerful **experiential** tools give participants insight into their physical, emotional, mental and spiritual experiences. Explored privately and in a supporting group environment, these enable **relational co-creating** with life's sometimes challenging processes. Participants report new skills and techniques, renewed purpose, reduced tension or overwhelm, and new possibilities as **practical and applicable** outcomes.

Who Might Be There?

Expect a diverse range of people from different paths. Some are curious, seeking a greater sense of wholeness or fulfilment in life; others are already involved in personal development, perhaps with a psychosynthesis practitioner; some may be counsellors, coaches or teachers, seeking a more inclusive or evolutionary context for their work; and yet others may be looking to find better ways of managing stress or burnout from professional, community work or social change activity.

**Auckland,
November 2020
6 Day Course**

Held over 2 consecutive
weekends

27,28,29 Nov | 4,5,6 Dec
9am - 5pm

Course Elements

- Mind and Psyche in Psychosynthesis
- Body, Feeling, Thinking – Our Way to the World
- Subpersonalities – Organising our Responses
- Identification and Disidentification – non-attachment and freedom
- Creativity – the Patterns of Inspiration
- Accessing the Superconscious
- Lifestage, Crisis, Awakening Purpose –or All the Above?
- Motivation and Will – Discovering Choice and Alignment
- Building Relationship with Self & Others
- Psyche, Synthesis and Evolution
- Making It Work – the Act of Will

The Essentials course can be undergone as a standalone personal development training or as a pre-requisite for the *Certificate in Psychosynthesis Integration*.

Facilitator

Robyn Rogers: Diploma of Psychosynthesis Psychotherapy, MNZAC, PBANZ

Robyn's commitment for more than forty years has been to purposefully embrace partnership in the bicultural context of Aotearoa, New Zealand. Robyn began her working life as a teacher. She is passionate about restoration of Te Reo Maori and from 1980 to 1992 worked as Personal Assistant to Dr. Peter Sharples during which time she took part in establishing Te Kohanga Reo, Kura Kaupapa Maori Tuatahi and Te Whare Kura at Hoani Waititi Marae. This commitment has included facilitation of Te Tiriti o Waitangi workshops throughout the country.

Robyn's journey with psychosynthesis started in 1993. She completed the Diploma in Psychosynthesis Psychotherapy, runs a private practice, and offers professional and clinical supervision. Until its closure in 2018 Robyn was employed as a staff member of The Institute of Psychosynthesis NZ. She has taught students of psychosynthesis at all Tiers of the training.

Venue

Youthline Centre (upstairs Waitakere Room)

13 Maidstone Street, Grey Lynn, Auckland

Kitchen facilities available. There are plenty of cafes within walking distance for lunch. Saturday and Sunday the Youthline carpark is free and normally available. Friday daytime car parking at Youthline is very limited (if there is a spot charge is \$2 per hour). Best to travel via public transport or make other parking arrangements for those days.



Course Fees

6 Day Course, Total \$950

To secure your place, please fill in the online enrolment form and make a **\$100 deposit** to:

Psychosynthesis South Pacific Trust – 38 9019 0487577 00

Reference: your surname / E-AKL-NOV20

Balance \$850 due after enrolments close and invoice/letter of acceptance issued.

***** ENROLMENTS CLOSE - Friday 23 October 2020 *****

CANCELLATIONS

If you should decide to cancel your enrolment your deposit is refundable up until the enrolment closing date, less admin fee \$50.

DISCLAIMER

'The Essentials of Psychosynthesis' will proceed subject to receiving minimum enrolment numbers. Enrolled students will be advised by email following the enrolment closing date. In the event of the course not proceeding enrolled students will receive a full refund of their deposit/balance. The course may be moved to an alternate venue in Auckland if a larger space or additional Covid-19 requirements are needed. This will be advised by email following the enrolment closing date.

For further information or to fill in the online enrolment form, please contact the PSP Administrator: admin@psptrust.org.nz

Psychosynthesis South Pacific Trust is a new initiative formed to continue a professional programme of training for anyone interested in including the craft of Psychosynthesis as part of their personal or professional development, to meet the needs of a changing world and the call for transformation.



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Trust